

*“Obtaining and maintaining abstinence from inner circle compulsions is the **bedrock foundation** of all the personal growth which will surely follow.”*

- from SAA’s Three Circles pamphlet

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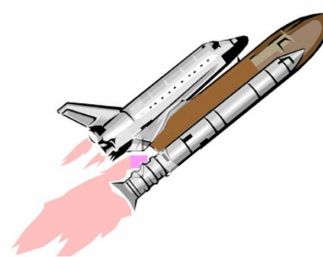
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Planning Underway for the Spring Workshop

Planning is now underway for the spring workshop of the Ohio-West VA Intergroup which will be in Columbus, Ohio in April. More information in regard to the workshop will be available in the next newsletter!

Reach for the Heavens in 2011!



The theme for the 24th annual ISO Conference is “Reach for the Heavens in 2011!”

This conference and business meeting will be in Houston, Texas from May 27th to May 30th 2011. One important tidbit to know is that the hotel cost (at the local Marriott) will only be \$79.00 this year! This is the cheapest cost for a room to be offered in a number of years.

The specifics:

Date: Friday May 27th to Monday May 30th 2011

Conference Fees for entire weekend:

\$160.00 (by March 31st)

\$185.00 (by April 30th)

\$210.00 thereafter

Location: The Houston Marriott Westchase
Cost: 70.00 per room. To ensure this price, please reference the group code “ISOISO” when making reservations.

Contacts:

Reservation Phone: (800)-452-5110

Website: <http://marriott.com/houwm>

Also note that you can order a conference T-shirt for \$14.00.

As always, there will be plenty of workshops, meetings, a talent show, a banquet with speakers and much more.

Please contact the ISO should you need a conference flyer or more information.

Email: info@saa-recovery.org

Phone: (800)-477-8191

So this year, instead of "Houston, we've had a problem!" It'll be **"Houston, we have a solution!"**

A Second Chance

(Editor's note: I don't get poems very often. This one is a treat.)

I remember a child running through the grass, skipping the sidewalk, running fast, but holding back experiences that could not be spoken.

The child grew, that I know is true but along the path of youth ideals were broken.

Later, I saw him. I stopped and gasped. He was perfect, I was needy but the growing urge was greedy; but was it merely Love to be had?

For more than an embrace, we dated but the relationship was fated. For the seduction of a dark force, things would all turn bad.

Left behind, he cried as I gave up my pride to seek one who would give a bigger thrill.

I found it no great feat to predict a cycle that would repeat as the pain would cause my heart to scream so shrill.

Then I sat in silent darkness, where for loneliness my soul would cry, I was defective! I was bad! I wanted to die!

Then a friend came up to me, offered a hug, offered a plea. Then I was given a slip of paper with a number to try.

A meeting I attended, first afraid but not offended, now the steps are helping me to leave the trance.

Relationships are better, now that I have broken addiction's fetter. It seems that all I really needed was a second chance.

- Anonymous SAA member

**EDITOR'S CORNER
What? No Armadillos?**

I sometimes see myself as a traveler, not out of a need for wandering or for vacation but to follow where my higher power feels I need to be employed. Having given up the notion that I am in control of where I will earn my daily wage, I now accept with open arms the location of my newest assignment. I arrived in San Antonio Texas for my newest opportunity knowing that it is the furthest I have ever been from home for a long stretch but not yet realizing that the wonderful sense of unity in my fellowship of recovery could follow me this far.



Of course, I always expect to see or experience something that is not common to my home in Ohio and this time it is armadillos. I somehow

expected to be seeing them everywhere, peeking out of bushes, munching on scraps at a corner cafe or out on the road which would mean playing dodge æm with my car. Iðl admit to some disappointment in that I havenø seen a single feral armadillo since arriving in early November - no, not a single one. On the flipside, however, I donø think the plot of my higher power was to give me a free ticket to natureø's diverse regional zoo. Instead, I have come to realize that there is something far more important that I must continue to experience. I have been blessed with the experience of many retreats, workshops and business meetings with Indiana SAA groups. I have been blessed to be able to attend and take an active part in six of the last seven ISO Conferences and two Northeast Region Conferences. I have been even more blessed to have attended SAA meetings and workshops in many cities sprinkled about the eastern U.S. In this way my HP has placed me in a front row seat of sorts to view, hear and feel the wonderful concept of fellowship unity. While Dayton, Columbus, Cleveland, Akron, Indianapolis, Dallas, New Orleans, Oakland, Albuquerque, Syracuse and San Antonio may not necessarily run their recovery program in identical ways, there will *always* be a common theme: our recovery comes first! Our fellowship exists to guide the newcomer toward getting their recovery õfeetõ on the ground as well as present the seasoned member new avenues for working their twelfth step. Our fellowship accepts anyone who has a desire to stop addictive sexual behavior and allows everyone an opportunity to fashion their inner circle without judgments regarding what direction their sobriety would take.

“In this way my HP has placed me in a front row seat of sorts to view, hear and feel the wonderful concept of fellowship unity.

Everywhere I go I see green books, I hear heart-felt sharing, and I feel the serenity of the experienced coupled with the tears of the ones who have just hit a deep bottom. I experience fresh ideas coupled with classical ways of approaching the steps. I shall always experience the warmth and reassurance of sharing my own experiences in a place that is as safe as it is accepting.

And, who knows, if I am lucky I may finally spot an armadillo down here in San Antonio. ò Chris J.

Revised Meeting List for OH-WV-KY (Ohio)

Athens

Wednesday 7:30 P.M. Out of the Shadows
Type: Mixed/Open
Christ the King University Parish
75 Stewart St. (Stewart at Mill Streets)
(740)-541-4984
Chris E. eaton@ohio.edu
Contact: Mark R. mrutter@isp.com

Bowling Green

Monday 6:00 PM ò Courage & Serenity
Type: Mixed/Closed
St. Johnø Episcopal, 1505 E. Wooster St.
Contact: Tom B.. at 419-601-5004
Buckeyetom2007@gmail.com

Cleveland

Tuesday 7:30 PM- Hope & Recovery
Type: Mixed/Closed
Location: St. Malachi Center, 2459 Washington

Ave. In the Side Building, Second Floor
Contact: call Mike G. at 216-556-0854

Columbus

Tuesday 6:30 PM New Leaf Group
Type: Mixed/Closed
King Avenue United Methodist Church
299 King Ave At Neil (In Basement)
Bill A. (614)-604-5398
George M. geo580@hotmail.com
tom4recovery@gmail.com

Thursday 6:30 PM Archway to Freedom
Type: Men's/Closed
King Avenue United Methodist Church
299 King Ave At Neil (upstairs-3rd floor)
Martin M. (614)-288-7293

TGIF Friday Morning Meeting 7:30 A.M.
Mixed/Closed
501 E. Broad St. At N.Washington Av.
Broad St. United Methodist Upper Floor
Tom P. (614)-214-0125 -
tom4recovery@gmail.com
Rick S. (710)-645-3893
Bill K. (614)-364-2233

Saturday Morning Circles 10:00 AM
Type: Mixed/Closed
500 Thomas Lane At Olentangy River Rd.
Riverside Outpatient Annex bldg.
Room G Lower Level
George M. (614)-447-9185
Bill A. (614)-604-5398
Bill K. (614)-364-2233
Tom P. (614)-214-0175

Monday Morning Step Study 7:30 A.M.
Travonna Coffee House ó Meeting Room
1195 N. High St. At 5th Ave. 43201
Mixed/closed
Bill K. (614)-364-2233
Billk.inrecovery@yahoo.com

Monday Meditations 12:00 P.M.
Mixed/Closed
Trinity Episcopal Church, Schneider Room
123 E. Broad St. @ S. 3rd St.
Bill K. (614)-364-2233
billk.inrecovery@yahoo.com
Whit J. (972)-961-1761
whitinohio@gmail.com
Scott H. (614)-266-8245

Tuesday Morning Book Study
Travonna Coffee House ó Meeting Room
1195 N. High St. At 5th Ave. 43201
Bill K. (614)-364-2233

Wednesday 12:00 P.M. Winners Wednesday
Trinity Episcopal Church, Schneider Room
123 E. Broad St. At S. 3rd St.
Bill K. (614)-364-2233
billk.inrecovery@yahoo.com
Whit J. (972)-961-1761
whitinohio@gmail.com
Jeff S. (614)-266-5041

Dayton/Centerville/Kettering

Tuesday 7:30 PM - South Dayton Serenity
Type: Mixed/Open (rotating format)
Normandy Methodist Ch., Room 1 (Ship Room)
450 W. Alexandersville - Bellbrook Rd.
Brian F. (937)-286-8629, Bill G. at (937)-371-2400

Wednesday 9:00 AM - Steps to Recovery
Type: Mixed/Closed
Location: Christ Episcopal Church
20 W. First St. Parlor, First Floor
Warren C. at 937-299-5689
Ed W. (937)-335-3096

Thursday 7:30 PM - Journey Into the Light
Type: Mixed/Closed
Location: Christ United Methodist Church
3440 Shroyer Rd., Kettering, Room 201
Contact: Gary C. at 937-252-1220

Saturday 11:00 AM - Centerville Serenity
Type: Mixed/Open (disc. - chairman choice)
Epiphany Lutheran Church, 6430 Far Hills (Rt. 48) Room 12
Contact: Brian F. at (937)-286-8629
Bravo4224@gmail.com
Bill G. at 937-371-2400

Elyria

A New Way of Living
Type: Mixed/Closed
Sunday 7:00 P.M.
Emmanuel Lutheran Church-Parking Lot
Entrance
360 Princeton Av. @ Garford
Hank R. (440)-212-1387
Bryan (440)-821-3525

Fairlawn (near Akron)

Thursday 7:00 PM ó Hope and Recovery II
 Location: Unitarian Universalist Church,
 3300 Morewood Rd Fairlawn (44333)
 Joe O. (330)-608-0046
Hope.recovery@msn.com

Elida (Lima)

New Beginnings
 Type: Mixed/Closed
 7:30 P.M. Monday
 Pike Mennonite Church
 3995 McBride Rd.
 Craig H. (419)-236-3387
 Zach M. (419)-303-6833

Marietta

Marietta, OH "Gentle Path"
 Type: Mixed/Closed
 7:00 p.m. Thursday evenings
 431 3rd St.
 Contact: Mark R. at 740-706-1254
Saa_seoh@yahoo.com

Miamisburg (South of Dayton)

Sunday 6:00 PM ó New Light in Miamisburg
 Type: Mixed/Closed
 St. John's Evangelical Lutheran Church
 470 S. Gebhart Church Rd. Miamisburg
 Mike (937)-974-5868
 Contact: mwootan@woh.rr.com OR
 Kevin (937)-470-2413
kdmckeedo@yahoo.com

Toledo

Monday 7:00 AM ó S.A.A. Chapter III
 Type: Mixed/Open
 Uncle John's Pancake House ó Dining Hall
 Location: 3131 Secor Rd.
 Contact: Bill J. 419-474-9960
bjonescrazycelt@yahoo.com

Tuesday 7:30 PM ó S.A.A. Chapter II
 Type: Men/Closed
 Location: St. Mark's Episcopal (1st flr dining room)
 2272 Collingwood Blvd.
 Bill J. (419)-474-9960
bjonescrazycelt@yahoo.com

Thursday 7:00 PM ó S.A.A. Chapter 1
 Type: Mixed/Closed
 Location: 2272 Collingwood Blvd, St. Mark's
 Episcopal, Schilling Rm. 108
 Bill J. (419)-474-9960

bjonescrazycelt@yahoo.com

Yellow Springs (East of Dayton)

Sunday 7:30 PM ó Get Real
 Type ó Mixed/Closed
 Location: Yellow Springs United Methodist
 Church, basement
 202 Winter St. Yellow Springs, OH
 Contact: Gary C. (937) 252-1220
 Chris J. (937)-725-7281
Crispyj4@aol.com

(West Virginia)**Charleston South**

Monday 7 PM ó Kanawah Valley S.A.A.
 Type: Mixed/Closed
 Location: Blessed Sacrament Catholic Church
 305 E Street, S. Charleston, WV
 2nd floor, Educ. Bldg. Library
 Enter off parking lot
 Jack L. (304)-344-0469
 Charles (304)-415-3271
 (jacklovegood@verizon.net)
 Marsha (304)-744-4277 (Female callers
 only)
 (Marshac1975@yahoo.com)

Huntington/Barboursville

Friday 7:00 P.M. Barboursville
 E. Huntington Chapter
 Type: Mixed/Closed
 Oasis Health Services
 689 Central Ave. across from Post Office
 Upstairs, rear right
 Richard (304)-544-9045
 Steve S. (304)-751-6848 (concepts@usa.net)

Huntington/Ceredo

Huntington WV Women's Group (closed)
 Sunday at 5:00 PM
 Type: Women's Closed
 First Congregational Church
 600 C St. at US Rt. 60
 Contact: Steve S. at (304)-751-6848
 Email: concepts@usa.net

Huntington/Ceredo**West Huntington Chapter**

Tuesday 7:00 PM
 Type: Mixed/Closed
 First Congregational Church,
 600 C St. at US Rt. 60, Ceredo
www.hwvsaa.com

Contact: Steve S. (304)-751-6848
Doug (304)-436-6633
Richard (304)-544-9045



The Ohio-West VA Website:
www.ohwvintergroupofsaa.org

Morgantown

Morgantown Group
Friday 6:15 PM
Type: Mixed/closed
930 Chestnut Ridge Rd. (Board Room)
Tom C. ó thankfultom@yahoo.com
ncwvsaa@gmail.com

Parkersburg

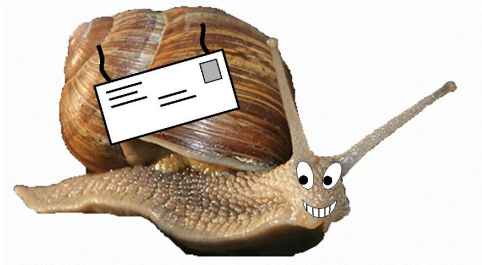
Saturday 8:30 AM ó Shame to Grace
Type: Mixed/closed
Good Shepherd Episcopal Church,
corner of 8th and Charles Streets
Contact: Mark R. at 740-706-1254
saa_seoh@yahoo.com

(Kentucky)

Ashland

Thursday 7:00 PM
Type: Mixed/Closed
Our Lady of Bellefonte Hospital
(Behaviorial Health Center)
In Bldg. -Bø off of St. Christopher Dr.
In Ashland KY 41101
Contact: Phillip (606)-547-6611

The Mail-Snail Asks:



Know someone who needs a copy of
Bedrock Foundation but doesn't have E-
mail and they are not close to a meeting?

Have them call (937)-725-7281 to
request a hard copy. They must provide
their mailing address.